

# LOADING A BACKPACK

## UPPER LEFT POCKET

Waterbottle or canteen

## LOWER LEFT POCKET

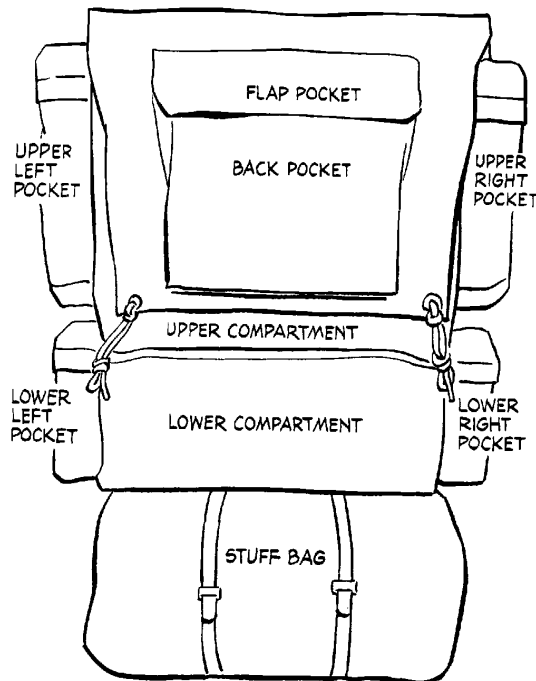
Protection from insects  
Protection from the sun  
Flashlight with spare bulb  
and batteries

## UPPER COMPARTMENT

Cooking kit and utensils  
Water bag  
Tent and/or tarp and tent stakes  
Ground cloth  
Food and condiments in bag

## LOWER COMPARTMENT

Hat or cap, socks, bandanna  
Clothing appropriate for  
the season  
Sweater or jacket and parka  
or coat  
Moccasins or running shoes



## STUFF BAG

Sleeping Bag  
Foam Pad

## FLAP POCKET

Camping permit  
Maps  
Pencil & paper  
Compass

## BACK POCKET

Cup, bowl  
Matches, fire starter  
Whistle & cord  
Bear bag & rope  
Emergency coins  
Soap, toilet paper  
Comb, metal mirror  
Toothbrush, toothpaste  
Small towel

## UPPER RIGHT POCKET

Stove fuel  
Stove wind shield

## LOWER RIGHT POCKET

First aid kit

# PACKING CHECKLIST

<input type="checkbox"/> Pack And Frame	<input type="checkbox"/> Cup	<input type="checkbox"/> Metal Mirror
<input type="checkbox"/> Boots	<input type="checkbox"/> Bowl Or Plate	<input type="checkbox"/> Comb
<input type="checkbox"/> Socks	<input type="checkbox"/> Spoon/Knife/Fork	<input type="checkbox"/> Pencil & Paper
<input type="checkbox"/> Clothing -- Seasonal	<input type="checkbox"/> Food	<input type="checkbox"/> Repair Kit
<input type="checkbox"/> Sweater Or Jacket	<input type="checkbox"/> First Aid Kit	<input type="checkbox"/> Cord
<input type="checkbox"/> Parka Or Coat	<input type="checkbox"/> Pocketknife	<input type="checkbox"/> Bear Bag
<input type="checkbox"/> Rain Gear	<input type="checkbox"/> Matches	<input type="checkbox"/> Bear Bag Rope
<input type="checkbox"/> Hat	<input type="checkbox"/> Fire Starters	<input type="checkbox"/> Emergency Coins
<input type="checkbox"/> Tent	<input type="checkbox"/> Water Bottle	<input type="checkbox"/> Protection From Insects
<input type="checkbox"/> Tent Stakes	<input type="checkbox"/> Flashlight	<input type="checkbox"/> Bandanna
<input type="checkbox"/> Ground Cloth	<input type="checkbox"/> Watch	<input type="checkbox"/> Running Shoes
<input type="checkbox"/> Sleeping Bag	<input type="checkbox"/> Whistle	<input type="checkbox"/> Compass
<input type="checkbox"/> Foam Sleeping Pad	<input type="checkbox"/> Toothbrush	<input type="checkbox"/> Camera (Optional)
<input type="checkbox"/> Stove	<input type="checkbox"/> Toothpaste	<input type="checkbox"/> Binoculars (Optional)
<input type="checkbox"/> Fuel Bottle	<input type="checkbox"/> Soap	<input type="checkbox"/> Hiking Stick (Optional)
<input type="checkbox"/> Cook Kit	<input type="checkbox"/> Small Towel	<input type="checkbox"/>
<input type="checkbox"/> Cooking Utensils	<input type="checkbox"/> Toilet Paper	<input type="checkbox"/>